



Year of the Piggies SPONSORED SLIM



<http://www.bantrybaykelpforest.com/>

Get Ready for Summer
Help Fund Worthy
Causes



<https://saveourskibbereen.ie>

In this year, the Chinese Year of the Pig, here is a challenge put together for all to take part, to raise funds for two worthy local campaigns, and get a head start on being ready for summer.

No pressure, no time constraint, no competition

It's personal to you and your sponsors.

Start when you are ready, finish when you feel you want to.

To take part

- * Please download a sponsor form from Kelp or SOS websites/facebook
- * Over 18s only or written permission from a parent or guardian
- * Research healthy diet options or advice from doctor
- * Have start and finish weight confirmed by a friend
- * Enter amount you are being sponsored per lbs or kgs

This is a fund-raiser undertaken by individuals at their own risk, it is not run by either "Bantry Bay, Protect our Kelp" or "SOS Save Our Skibbereen". Both campaigns appreciate the support very much, and applaud the efforts of everyone to take part.